

## Entrena Bien... Vive Mejor

Project Studio

	<b>lunes</b>	<b>martes</b>	<b>miércoles</b>	<b>jueves</b>	<b>viernes</b>
<b>7:15 am</b>	<b>BioTonic</b> Alberto	<b>Zumba</b> Alberto	<b>Power Steps</b> Alberto	<b>Full Training</b> Yefferson	<b>Zumba</b> Alberto
<b>8:15 am</b>	<b>Zumba</b> Danny	<b>Mortal Combat</b> Ricardo	<b>Zumba</b> Alberto	<b>BioTonic</b> Yefferson	<b>Yoga</b> Yoryi
<b>9:15 am</b>	<b>Curvas latinas</b> Miguel		<b>BioTonic</b> Luther		<b>Zumba</b> Alberto
<b>6:15 pm</b>	<b>Zumba</b> Mariel	<b>Zumbatoning</b> Alberto	<b>Hip-Hop</b> Luther	<b>Full Training</b> Yefferson	
<b>7:15 pm</b>		<b>BioFlex</b> Yefferson	<b>Curvas Latinas</b> Miguel	<b>Zumba</b> Jean Carlo	

Indoor Cycling

<b>Hora</b>	<b>Lunes</b>	<b>Martes</b>	<b>Miércoles</b>	<b>Jueves</b>	<b>Viernes</b>
<b>6:15 am</b>					
<b>8:15 am</b>	Alberto	Franklin	Franklin	Clara	Franklin
<b>9:15 am</b>		Clara		Franklin	
<b>6:15 pm</b>	Franklin	Lajara	Franklin	Lajara	Franklin
<b>7:15 pm</b>	Franklin		William	William	

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